



UNIVERSITY OF  
SOUTH ALABAMA



# 4th Annual South Alabama Regional Conference on Mental Health

Healthy Brain Development, Executive Functioning  
Skills, and the Neurodevelopmental Effects of High  
Risk Behaviors with

## Temple Grandin, PhD and Crystal Collier, PhD

We thank our sponsors who have helped make this day possible.

**Friday ~ July 29, 2022 ~ 8:00am - 5:00 pm**

USA Student Center

USA Drive, Mobile, Alabama 36688



# 4th Annual South Alabama Regional Conference on Mental Health Friday - July 29, 2022 8:00 am - 5:00 pm USA Student Center

**Mary Temple Grandin** (born August 29, 1947) is an American professor of animal science at Colorado State University, consultant to the livestock industry on animal behavior, and autism spokesperson. She is one of the first individuals on the autism spectrum to publicly share insights from her personal experience of autism.

She obtained her B.A. at Franklin Pierce College and her M.S. in Animal Science at Arizona State University. Dr. Grandin received her PhD in Animal Science from the University of Illinois in 1989. She has appeared on television shows such as 20/20, 48 Hours, CNN, Larry King Live, PrimeTime Live, 60 Minutes, the Today Show, and many shows in other countries. She has been featured in People Magazine, the New York Times, Forbes, U.S. News and World Report, Time Magazine, the New York Times book review, and Discover magazine. In 2010, Time Magazine named her one of the 100 most influential people. Interviews with Dr. Grandin have been broadcast on National Public Radio and she has a 2010 TED Lecture titled "The World Needs ALL Kinds of Minds." She has also authored over 400 articles in both scientific journals and livestock periodicals on animal handling, welfare, and facility design. She is the author of "Thinking in Pictures," "Livestock Handling and Transport," "Genetics and the Behavior of Domestic Animals," "Guide to Working with Farm Animals," and "Humane Livestock Handling." Her books "Animals in Translation" and "Animals Make Us Human" were both on the New York Times best seller list. "Animals Make Us Human" was also on the Canadian best seller list. Her latest book, "Calling All Minds," was a New York Times best seller for middle school students. Her life story has also been made into an HBO movie titled "Temple Grandin," starring Claire Danes, which won seven Emmy awards and a Golden Globe. The movie shows her life as a teenager and how she started her career. In 2017, she was inducted into The Women's Hall of Fame and in 2018 made a Fellow by the American Association for the Advancement of Science.

To register online visit our website [www.usa-cme.com](http://www.usa-cme.com) or <http://cmetracker.net/USAL/Catalog?SessionType=C>

\$75 early registration

\$100 per person after May 31, 2022

7.0 Hours Continuing Education Credit (applied for multiple credits - awaiting for approval)

## HOTELS NEAR USA CAMPUS

Hampton Inn & Suites Providence Park / Airport (251) 776-5866  
Homewood Suites by Hilton (251) 634-8664

### Accreditation Statement

In support of improving patient care, USA's College of Medicine Office of CME is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Provider Number: 4008198

### Credit Designation Statements

JA - This activity was planned by and for the healthcare team, and learners will receive 7.0 Interprofessional Continuing Education credits for learning and change.

CME - The University of South Alabama College of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC - This program has been reviewed and is acceptable for up to 7.0 Nursing Contact Hours

ACPE - This course has been approved for 7.0 hours of pharmacy continuing education credit. The approval number issued is: UAN JA4008198-0000-22-005-L04-P.

Social Work - USA's Office of CME is an ASWB approved provider of social work continuing education and approves this live activity for 7.0 general CEs.

Educators - Educators wanting PD credit will need to register in Chalkable using PD Title # SARIC#10523 or email [saric@southalabama.edu](mailto:saric@southalabama.edu) for a certificate.



University of South Alabama, Office of Continuing Medical Education  
650 Clinic Drive, Suite 1100, Mobile, Alabama 36688  
(251) 414-8080 [cme@southalabama.edu](mailto:cme@southalabama.edu)

All those in a position to affect the content of this activity have reported they have nothing relevant to disclose.



JOINTLY ACCREDITED PROVIDER<sup>™</sup>  
INTERPROFESSIONAL CONTINUING EDUCATION

**DEADLINE FOR Pre-REGISTRATION JULY 20, 2022**



# 4th Annual South Alabama Regional Conference on Mental Health Friday - July 29, 2022 8:00 am - 5:00 pm USA Student Center

**Crystal Collier** is a therapist, researcher, educator in addiction, adolescent brain development, prevention programming and research, psychology, counselor education, youth recovery, recovery advocacy, parent coaching, and family of origin.

She obtained her B.A. at University of Nebraska and and her M.S. in Clinical Psychology at University of Houston. Dr. Collier received her PhD in Counselor Education from Sam Houston State University of Huntsville, Texas in 2013.

In this presentation, Dr Collier will discuss healthy brain development, executive functioning skills, the neurodevelopmental effects of high-risk behavior, and the genetics of addiction. The focus will be on prevention and how parents and clinicians can use the tools in her book, *The NeuroWhereAbouts Guide*, to prevent and treat high-risk behavior in youth. Dr Collier will describe what brain-based parenting is and how to use behavior modification to shape children and adult's behavior. Focus on assessing and building executive functioning skills will include what skills to look for in each developmental stage. The presentations on each of the 18 high-risk behaviors that I focus on in my book.

To register online visit our website [www.usa-cme.com](http://www.usa-cme.com) or <http://cmetracker.net/USAL/Catalog?SessionType=C>  
\$75 early registration  
\$100 per person after June 1, 2022  
7.0 Hours Continuing Education Credit (applied for multiple credits - awaiting for approval)

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2022

## CONFERENCE SCHEDULE (7 contact hours)

**7:00-7:45 Check-in and Breakfast** (grits, eggs, bacon/sausage, biscuits, fruit, juice, water, coffee)

7:45 Introduction, Welcome, Housekeeping, CME info

8:00 – 9:00 Brain Development – Part 1 with Crystal Collier, PhD

9:00 – 9:05 Transition Break

9:05 – 10:05 Brain Development – Part 2 with Crystal Collier, PhD

10:05 – 10:20 Morning Break

10:20 – 11:20 Executive Functioning Skills with Crystal Collier, PhD

11:20 – 11:25 Transition Break

11:25 – 12:25 Neurodevelopmental Effects of High-Risk Behaviors with Crystal Collier, PhD 12:25 – 1:25 Lunch

1:25 – 2:25 Temple Talk

2:25 – 2:30 Transition Break

2:30 – 3:30 Genetics of Addictions with Crystal Collier, PhD

3:30 – 3:45 Afternoon Ice cream Break

3:45 – 4:45 Your Teenager's Brain or Panel Discussion with Crystal Collier, PhD and Temple Grandin, PhD

Schedule and menu are subject to change based on availability.

## 7:00pm Community Event - Talk with Temple Grandin, PhD

**Open To The Public \$10 (early registration)**

This is a separate registration from the 4th Annual South Alabama Regional Conference on Mental Health.

### ABOUT THE PROGRAM

The University of South Alabama, Office of Continuing Medical Education presents the 4th Annual South Alabama Regional Conference on Mental Health July 29, 2022. The conference will bring together speakers/experts to share their research, experience, and interventions surrounding Autism.

### Objectives

Recognize when behavior modification is no longer effective through use of the healthcare team. Implement specific tools and strategies to assist individuals with Autism and their families/caregivers. Manage or overcome issues preventing academic, personal, or social success.

### Planners and Speakers

Elizabeth Rose "Izzy" Cranford, Sharrie Cranford, Crystal Collier, Temple Grandin, Kim Hodge, and Carletta Morgan. All those in a position to affect content have declared they have no relevant financial or other types of relationships to disclose.

## CONTACT INFORMATION

Sharrie Cranford, LICSW, PIP, MS  
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Mobile, Alabama 36688  
(251)414-8080  
cme@southalabama.edu



2022

## REGISTRATION FORM

Name \_\_\_\_\_ Discipline/Credentials \_\_\_\_\_

Affiliation \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email address \_\_\_\_\_ DOB \_\_\_\_\_

**ADA Special Needs - Participants requiring special accommodations or with dietary restrictions should contact registration in person two weeks prior to the date of activity.**

### Registration Fees

Registration by June 1, 2022

\$75.00 Conference

\$10.00 Evening Community Event

Registration after June 1, 2022

\$100.00 Conference

\$25.00 Evening Community Event

Total Due: \$

**No Refunds. Fee can be transferred to another USA Office of CME activity.**

Method of Payment  Check  Visa  MasterCard  American Express  Discover Card

Name on Card \_\_\_\_\_ Card Number \_\_\_\_\_

Billing Address \_\_\_\_\_ Billing City/State/Zip \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_ Amount \_\_\_\_\_ Signature \_\_\_\_\_

Make checks payable to **South Alabama Medical Science Foundation**

### Return to

South Alabama Medical Science Foundation, 650 Clinic Drive, Suite 1100  
Mobile, Alabama 36688-0002

Online registration: <http://cmetracker.net/USAL/Catalog?SessionType=C>



# Community Event

## Talk by Temple Grandin, PhD

USA Office of CME  
Conference Center  
650 Clinic Drive, Suite 1100  
Mobile, Alabama 36688  
July 29, 2022  
6:30pm



Community Event Open To The Public \$10 (early registration)  
**\$25 after June 1, 2022**

This is a separate registration from the  
4th Annual South Alabama Regional Conference on Mental Health  
**No refunds offered.** Registration fee can be transferred to another CME activity.

Register using this link or the form attached.  
<https://www.southalabama.edu/colleges/com/cme/>

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